

The Art & Science of Transformational Change

May 14-18, 2020 | Baltimore, MD
Hyatt Regency Inner Harbor

“I wouldn’t even call it a conference. It’s an enlivening, soul-enriching, mind-exploding experience. Every. Single. Year.”
— Gail Gillespie, PhD



22ND INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

Register by February 10 to save up to \$310!
EnergyPsychologyConference.com

Join us for new insights, inspiration and renewal as you learn new holistic skills.

Inspiring keynotes include:

Rick Hanson, PhD • Her Holiness Sai Maa • Neil Theise, MD
Andrew Newberg, MD • Norman Shealy, MD • Cyndi Dale

500+ professionals attend every year.

You're invited to experience holistic methods like never before ...

With world-class faculty and like-minded colleagues from diverse disciplines, you'll learn tools to become a more effective change agent for your clients, community and beyond.

What makes this conference different?

Here's what your colleagues have to say ...

It's how I recharge my batteries

"This conference is magical—every year. The sense of belonging, the openness, the chance to be with other professionals who are thinking about life from a broader perspective is vital for me. It's how I recharge my batteries." – Heather LaChance, PhD



This conference helps me better serve my people

"Even when there are challenges, I make sure to have the money to come to this conference. Every year I come to expand my knowledge and understanding of energy psychology so that back home I can use it to deal with the challenges of my fellow countrymen and women. It's been quite rewarding. I've been coming to the conference since 2007 and every year this improved knowledge allows me to be of better service to my people." – Chief Dr. Iwosarri Berian James, CHP



I love the inspiration and shared vision

"ACEP's 21st International Energy Psychology conference was incredible! It was filled with so much knowledge, connection with other like minds, and inspiration for what we can accomplish in the world today.

Everything ACEP does supports and enhances the growth, consciousness, and healing on our planet. I am so proud to be involved with this organization... and to be able to connect with so many other people who believe in the same vision for our world. Just being in the energy of these conferences with 500+ like-minded people is invigorating! You won't want to miss the incredible information and community, available to you here!" – Kerri Morrison, LMHC



I enjoy the interdisciplinary flavor and I can get CME

"I have my foot in both worlds—mainstream and holistic medicine. This is one of my favorite conferences because I can connect with diverse colleagues who are interested in holistic methods, including physicians, psychologists, social workers, and nurses. I enjoy it because there's an interdisciplinary flavor to it. I've been coming for the last 10 years without getting CME, but now I can get them. I encourage all my

colleagues to come, get their CME here and expand their mind and worldview at the same time." – Larry Burk, MD, Co-founder, Duke Center for Integrative Medicine



We welcome all helping professionals interested in integrative, mind-body approaches, including:

- Licensed mental health professionals
- Nurses
- Physicians
- Coaches
- Energy healing practitioners
- Chiropractors
- Acupuncturists
- Educators
- Clergy
- Allied health professionals

Up to 40.5
CE/CME/CNE
Available

Dedicated workshop track
for people new to field
(see page 6).

REGISTER BY FEBRUARY 10 AND
SAVE UP TO \$310!
energypsychologyconference.com
or call 619-861-2237

KEYNOTES & INVITED PRESENTERS

“All the leaders of the field are here—and they’re accessible!”

“If you’ve been reading all these wonderful books, when you come to this conference, the authors and founders of healing modalities are here. They’re accessible, and they’re friendly. It’s amazing to engage in conversations with them.” – Shoshana Garfield, PhD

[View objectives](#)

Keynotes

Thursday, May 14 5:15PM - 6:45PM



Her Holiness Jagadguru Sai Maa Lakshmi Devi Mishra

A Conversation on Enlightenment & the Nature of Consciousness (No CE hrs)

Science studies the universe according to specific principles in order to build a map of the territory. This approach is radically different from a description of the territory from one who lives there. Her Holiness Sai Maa Lakshmi Devi Mishra, originally trained as a therapist, is recognized as an enlightened spiritual master who lives at a level of consciousness that few attain. In this rare and unique presentation Sai Maa will be asked questions about the nature of consciousness, enlightenment, soul, healing, and neuroscience by Dr. Andrew Newberg who has spent his life studying the brain, enlightenment, and the nature of God and Dr. Neil Theise, a physician-scientist who has studied complexity theory and consciousness.



Andrew Newberg, MD

Her Holiness Jagadguru Sai Maa Lakshmi Devi Mishra is a world-renowned spiritual master, healer, and humanitarian. With a unique fusion of Eastern spiritual wisdom, Western therapeutic knowledge, and energetic mastery, Sai Maa shares teachings designed to help people realize their innate power and become masters in their own lives.

Andrew Newberg, MD, is director of research at the Marcus Institute of Integrative Health Jefferson University Hospital. He has studied mystical and religious experiences as well as the mind/body relationship, including the physiological correlates of meditation. His books include *How Enlightenment Changes Your Brain* and the best seller *How God Changes Your Brain*.

Neil Theise, MD See his bio below.

Friday, May 15

8:30AM - 10:00AM



Rick Hanson, PhD

Neurodharma: Science, Wisdom & Highest Happiness (1.5 CE hrs)**

Psychological practices aimed at the heights of human potential—what could be called “awakening”—have been around for thousands of years. Modern

neuropsychology is beginning to reveal the underlying biological basis of these practices and higher states of consciousness. Rick Hanson will describe seven practices of awakening and their neural correlates, with a focus on the advanced practices of: being wholeness, receiving oneness, and opening into allness. This presentation will explore both “1st person” and “3rd person”—subjective and objective—perspectives, with an emphasis on practical implications for clinical settings and personal practice.

Rick Hanson, PhD, is a psychologist, senior fellow of the Greater Good Science Center at UC Berkeley, and *New York Times* best-selling author. His books have been published in 28 languages and include *Neurodharma*, *Resilient*, and *Hardwiring Happiness*. His work has been featured on the BBC, CBS, and NPR. He offers the online Foundations of Well-Being program in positive neuroplasticity that anyone with financial need can do for free.

Friday, May 15 5:15PM - 6:45PM



Neil Theise, MD

Fundamental Awareness: Source of Mind & Matter (1.5 CE hrs)**

Does mind make the world? Neil Theise explores the nature of consciousness and its relationship to us and to the cosmos through the lenses of contemporary science, Western philosophy, and diverse metaphysical systems. From these discussions, he will lead us to an integrative model that considers fundamental awareness to be the substratum from which the world emanates, providing a set of concepts to potentiate cross-talk between these varied worldviews.

Neil Theise, MD, is a physician-scientist and professor of pathology at New York University School of Medicine. A global thought leader in clinical and scientific aspects of liver disease, he is also considered a pioneer of adult stem cell plasticity. Delving into complexity theory has led him into consciousness studies. He is a long-term Zen practitioner and has recently been initiated into shamanic practice.

Program is subject to change. See [website](#) for updates.

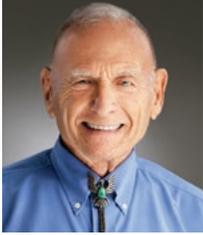
**Session is approved for APA CE and many other CE boards. Please see [website](#) for all CE details.

[View objectives](#)

Keynotes

Saturday, May 16

8:30AM - 10:00AM



Advances in the Restoration of the Brain & Mind (1.5 CE hrs)**

Learn about the evolution of modern energetic approaches to treating mental health issues such as anxiety, depression and addictions. We will explore the evolution from autogenic training to biofeedback and the multiple electrotherapies available today. Discover the latest work that uses gamma wave inducing PEMF to treat opioid addiction, depression and anxiety, as well as to regulate circulation. Learn about the importance of basic nutrition in brain function and the use of sound therapies as an adjunct to treatment.

Norman Shealy MD, PhD, DSc, FACS, DABNS

Norman Shealy MD, PhD, DSc, FACS, DABNS, is president of Shealy-Sorin Wellness. He created the concept of holistic medicine in 1971 with the introduction of spinal cord stimulation and transcutaneous electrical nerve stimulation unit (TENS). He was founding President of the American Holistic Medical Association in 1978.

Sunday, May 17

1:45PM - 3:15PM



The Energetics of Trauma & the Healing Power of Light (No CE hrs)

There are three types of light you can use to heal different aspects of trauma: absolute, virtual, and polarity. After discussing the scientific and energetic potentials of these forms of light, Cyndi Dale will introduce her unique trauma model. The model blends physiological realities (including the polyvagal system, epigenetics, and mast cell overproduction) and subtle structures (including forces, charges, and miasms). You will discover how to apply the three types of light using her unique model for healing trauma, as well as several other techniques. Demonstration and practice includes integrating these approaches with "tapping."

Cyndi Dale

Cyndi Dale is an internationally renowned author, speaker, healer, and business consultant and the author of 27 books about energy medicine, intuition, and spirituality. She has worked with over 65,000 clients and presented hundreds of seminars and workshops throughout the world. Her books include *The Subtle Body: An Encyclopedia of Your Energetic Anatomy*, winner of four internationally recognized Publisher's Awards.

Invited Presenters

Saturday, May 16 2:15PM - 3:15PM



Emotional Freedom Techniques for Food Cravings & Weight Management: 10 Years of Clinical Trial Results (1 CE hr)**

This presentation will outline 10 years of clinical research trials on EFT for food cravings and weight loss in overweight/obese adults, including the first fMRI trial and comparison to gold standard approaches. Discover what works, what doesn't and what is essential.

Peta Stapleton, PhD

Peta Stapleton, PhD, is a psychologist and associate professor at Bond University. She specializes in eating disorders, women's health and adolescent issues, and is a leading EFT researcher. Her most recent book is *The Science Behind Tapping*. Peta has been named Psychologist of the Year for the whole of Australia by Allied Health Awards.



Trauma as a Path to Embodied Wisdom (1 CE hr)*

Healing from developmental/relational trauma can be disorderly, labyrinthine, and deeply challenging. Drawing from somatic depth psychology and the wisdom tradition of Sri Vidya, you will learn how to work with often frightening or volatile energies such as anger, rage and terror. These energies often emerge before the body is able to safely feel them. We will engage in a practice that will help you and your clients move beyond identity distortions and limitation, while finding a deeper sense of connection in our disconnected world.

Julie Brown Yau, PhD

Julie Brown Yau, PhD, addresses the challenging psychobiological symptoms of developmental and relational trauma using a unified approach. She is the author of *The Body Awareness Workbook for Trauma*. She is also the director of education and program development at CCALS. Julie has a private practice in Newport Beach, CA, and works on Skype worldwide.

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[View objectives](#)***Session is approved for APA CE and many other CE boards. Please see [website](#) for all CE details.*

Invited Presenters

Saturday, May 16 3:30PM - 4:30PM



David Feinstein, PhD

How Can Acupoint Tapping Change Deep Emotional Learnings? (1 CE hr)**

What do we know about what happens in the brain when we tap on our skin while having the client state a wide range of phrasings? And what does that have to do with emotional healing and well-being? Learn the fascinating answers to these questions and more!

David Feinstein, PhD, a clinical psychologist, has received nine national awards for his books on consciousness and healing. He has served as faculty at The Johns Hopkins School of Medicine and, with his wife Donna Eden, has built the world's largest organization teaching energy medicine.



Tammy Nelson, PhD

What's New with Sex? (1 CE hr)**

Sexuality issues can challenge a clinician's skill set in a world where virtual reality, artificial intelligence, teledildonics, sex robots, tantra, BDSM, expanded definitions of monogamy, polyamory and more have changed our understanding of sexual behavior and relationships. Our beliefs, values and ideas can be challenged by this changing landscape. Exploring unconventional sexual practices will help us face our preconceived notions and countertransference issues around sex and intimacy so that we can effectively discuss these issues with our clients.

Tammy Nelson, PhD, is a board-certified sexologist, certified sex and couples therapist, and certified Imago Relationship therapist. She is author of several books on sex and couples therapy. Tammy is the director and founder of the Integrative Sex Therapy Institute in Washington DC, a training institute and think tank focused on obtaining and creating sustainable relationships.

We can't wait to welcome you to Baltimore's Inner Harbor!

The Hyatt Regency Inner Harbor faces Baltimore's vibrant, beautiful Inner Harbor, with wonderful views from the hotel. Stroll for miles along the harbor on peaceful, paved walks. A short walk takes you to the National Aquarium, live music and wonderful restaurants that offer a mix of regional culture and ethnic cuisine.

Interested in U.S. history? Visit Fort McHenry (where the American national anthem was written). And historic Fells Point is only a few miles away along the waterfront. It's lined with cobblestone streets, restaurants and unique shops.

[Get more details](#)

Book your hotel room now! This is the time of the Preakness horse race, and hotels in the city will sell out.



SPECIAL EVENTS AND MORE

Are You An Experienced Practitioner?

We have plenty of intermediate and advanced Learning Labs for you. You can learn new skills, hone current approaches and broaden your outlook.

Are You New to Energy Psychology?

We've created a whole track just for beginners, called EP Fundamentals (track 1). It's a great way to get a good foundation and learn techniques you can begin using with your clients when you return home. You can take all the workshops in this track, or you can pick and choose. Other Learning Labs are appropriate for beginners as well.

10th Annual Research Symposium (6 CE hrs)*

Thursday, May 14, 8:30AM - 4:30PM

Free with conference - a \$210 value!

Knowing the science behind energy psychology can help you communicate more effectively with doctors and other referral sources. It can also help you with skeptical clients. Join us for ACEP's 10th Research Symposium and learn about the latest research being done by some of the leading scientists and clinicians in the fields of energy psychology and energy medicine.

Keynote: To be announced.

Symposium Coordinator: John Freedom, CEHP, counselor, educator and trainer. Author of *Heal Yourself with Emotional Freedom Technique*, he serves as chair of ACEP's research committee.



A warm invitation

Welcoming Open House

Friday, May 15, 8:30PM - 10:00PM

The Diversity & Inclusion and NextGen Committees warmly invite all attendees who are first-time, next-gen, LGBTQ+, people of color or international to a getting-to-know-you mixer. Weather permitting, we will gather on the Hyatt's roof-top terrace to mingle and enjoy views of the harbor and city. There will be an alternate indoor venue if it rains. Cash bar.



Gala & Dance Party

Saturday, May 16, 7:00PM - midnight

Bring your dancing shoes and get ready to party. We guarantee the dance floor will fill in 10 seconds flat! You'll also enjoy a delicious dinner and awards ceremony.

Warning: Stress-reduction will occur!



Deepen your experience, achieve greater mastery ...

Attend a pre-conference intensive

Wednesday & Thursday, May 13-14

8:30AM - 4:30PM

Emotional Freedom Techniques (EFT) - Professional Skills 1 P1 (12 CE hrs)**

This comprehensive 2-day experience is packed full of instruction, exercises and practice to provide you with the skills you need to begin working with clients as an EFT professional. Learn EFT theory and science, The Basic Recipe, Tell the Story Technique, Tearless Trauma Technique, Personal Peace Procedure and the basic ethics of EFT with plenty of practice time to deeply integrate these skills.

This training is open to licensed mental health professionals, physicians, psychiatric nurses, chiropractors and acupuncturists. [See web site for details.](#)

Michael DeMolina, PhD, DCEP, has over 30 years as a psychotherapist and adult educator. He is ACEP's lead EFT trainer in North America, a certified trainer with the Society of Neuro-Linguistic Programming (NLP), and is a past chairman of the National Qigong Association.

8:00AM - 4:30PM

Essential Skills in Comprehensive Energy Psychology - Level 1 P2 (12 CE hrs)*

Understand and practice energy psychology within an overall perspective of sound science, practical application and ethical consideration. Leave with an array of tools you can use to customize treatment for specific client needs, along with a framework to integrate these tools within psychotherapeutic and coaching models.

Michael Galvin, PhD, DCEP, is a psychologist and has served on the faculty of three graduate schools. He is an ACEP and EMDRIA approved consultant and has been trained in TFT, EFT, EDxTM and TAT. Michael trains internationally and is co-author of *Energy Psychology and EMDR*.

Thursday, May 14 **8:30AM - 4:30PM**

From Pain to Gain: Holistic Treatment for Chronic Pain P3 (6 CE hrs)**

While chronic pain is subjective, it involves physical, mental and social aspects. Energy psychology and mindfulness are important additions to your biopsychosocial treatment regime. Integration of these modalities to manage and transform chronic pain will be discussed, demonstrated and practiced.

Fred Gallo, PhD, DCEP, is an energy psychology pioneer and author of numerous articles, manuals, and eight books. He is the author of *Energy Psychology* and *Energy Tapping for Trauma*.

- **Bonus: take a pre-con intensive and attend the Thursday evening keynote for free, a \$35 value!**
- Space is limited, sign up early at energypsychologyconference.com or call 619-861-2237.

There's always something new

"I am amazed that even though I have gone to this conference for several years, there is always something new, something inspirational, something that I can't wait to use with my clients the following week."

- Teresa Lynch, DPT, MHS

Thursday, May 14 8:30AM - 4:30PM

Restoring the Self: Reconnecting Split-Off Life Energy with Logosynthesis P4 (6 CE hrs)*

Logosynthesis is an integrative healing approach based on the principle that disconnection from our true Self is the primary cause of suffering. You will learn specific methods to focus intention to retrieve and integrate split-off energy and remove the energy of other persons from the system. Logosynthesis can be used for a wide variety of issues.

Willem Lammers, MSc, DPsych, is a Swiss/Dutch psychotherapist, supervisor and consultant to organizations with over 40 years of experience. He trained in transactional analysis, NLP, EMDR and energy psychology. He developed Logosynthesis and teaches this amazing new model around the world.

Mind/Body Tools for Children: Effective Techniques for Trauma, Resilience, & Performance P5 (6 CE hrs)**

Understand how stress and trauma impact children. Learn the science behind EFT and how to integrate evidence-based energy psychology self-help tools to improve children's stress management, emotion-regulation, self-confidence and resilience. You will receive a toolkit of resources for teaching children energy psychology tools in a variety of settings.

Suzanne Velasquez-Sheehy, EdD, is a certified energy psychology practitioner, teacher and administrator. She is the author of *An EP Toolkit for Teachers*.

Gail Gillespie, PhD, is a school psychologist in private practice whose specialties are in the evaluation and treatment of school-aged children and their families.

Jondi Whitis is a Training Board member for EFT International. She delivers professional EFT training across the U.S. A former teaching artist, she is passionate about bringing energy psychology to children.

Jeannette Folan is an integrative health coach and educator specializing in the highly sensitive person (HSP). She is principal developer of an accredited HSP Certification Training Course for mental health professionals.

Cindy Baker, MEd, DCEP, is a school psychologist. She promotes the use of energy psychology techniques for stress management in schools, businesses and within the community.

Blue Diamond Healing: Working with Deeper Realms of the Energy System P6 (No CE hrs)

Have you sometimes felt your clients' problems are deeper than the psychological? Rarely taught except to small private groups, a full outline of Blue Diamond Healing will be presented. You will learn how to work with deeper and higher parts of the multidimensional energy system, particularly the 12-point grid and spinning merkaba fields.

Phil Mollon, PhD, DCEP, is a clinical psychologist and psychoanalyst from England. He teaches energy psychology widely in the UK and is the developer of Psychoanalytic Energy Psychotherapy (PEP) and Blue Diamond Healing. He is ACEP's immediate past president.

Resources to Enhance Client Wellbeing & Social Responsibility P7 (6 CE hrs)**

Weave social responsibility dimensions into how you serve your clients through an integrated set of psychoeducational training and skills. You will be able to help them elevate their internal locus of control, reduce learned helplessness, integrate personal freedom and responsible citizenship, and have positive societal impact—without sacrificing their wellbeing or cherished relationships.

David Gruder, PhD, DCEP, is ACEP's co-founder and first president. He is a 12-award-winning clinical and organizational development psychologist. President of Integrity Culture Systems™, he provides training and consulting that makes integrity profitable, leaders elevated, collaborators productive, happiness sustainable, and cultures healthy.

Ancestral Trauma Release Techniques Workshop P8 (6 CE hrs)*

Learn the Ancestral Trauma Release Techniques™ method to heal deeply held ancestral patterns. Discover the value of ongoing ancestral healing work with your clients. Identify cognitive distortions around money, loss, and love. Develop skills in using Ancestral Trauma Tapping™ for emotional healing of your clients, yourself and your lineage.

Eva Malanowski, PsyD, MS, specializes in healing relational trauma and addictions. Eva's grandfather escaped Auschwitz and then fought and died in the Warsaw uprising. She has over 18 years of clinical experience, and leads workshops for entrepreneurs and for veterans with PTSD.

[View objectives and presenter bios](#)



Ben Schwarcz, MFT, is an ACEP EFT program consultant, therapist, and coach. The son of a Holocaust survivor, Ben has personally experienced the challenges and healing of ancestral trauma. Ben's specialties are trauma, peak performance, and spiritual issues. He is codeveloper of ATRT™.

Disease as a Doorway: A Holographic Approach to Healing P9 (6 CE hrs)*

This workshop will assist you in working with clients who have experienced a challenging diagnosis by shifting perception to seeing the disease as a doorway to something greater. It will include recognizing the holographic opportunity each client presents for the clinician's growth.

Mary Sise, LCSW, DCEP, is a past president of ACEP and co-author of *The Energy of Belief: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs*. An international speaker, she has a private practice in Latham, NY.

Adam Rizvi, MD, is a neurologist specializing in critical care. His passion is to help us remember what it is to be whole and know that we are innately perfect, as this redefines our health and healing. He offers teachings with a unique blend of spiritual and scientific rigor.

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CONFERENCE OVERVIEW

Friday, May 15

[View objectives and presenter bios](#) Program is subject to change. Check [website](#) for up to date schedule and CE approval.

8:00AM - 8:30AM	Opening Ceremonies
Keynote	
8:30AM - 10:00AM	Neurodharma: Science, Wisdom & Highest Happiness Rick Hanson
10:45AM - 12:45PM	Learning Labs A (see grid below)
12:45PM - 2:45PM	Lunch and Annual Meeting (with vegan & gluten-free options)
2:45PM - 4:45PM	Learning Labs B (see grid below)
Keynote	
5:15PM - 6:45PM	Fundamental Awareness: Source of Mind & Matter Neil Theise
7:00PM	Dinner on your own
8:30PM - 10:00PM	Welcoming Open House

Friday - Sunday: early morning energizers and complimentary breakfast (with gluten-free options)

Learning Labs A 10:45AM - 12:45PM

Learning Labs B 2:45PM - 4:45PM

Track	Learning Labs A 10:45AM - 12:45PM	Learning Labs B 2:45PM - 4:45PM
Track 1 (T1) Fundamentals of EP	The Ethical Practice of Muscle Testing <i>Kristin Holthuis, MD, DCEP</i>	Understanding & Identifying Your Client's Resistance to Treatment <i>Sarette Zecharia, PhD, DCEP</i>
Track 2 (T2) Specific Populations/Issues	Transforming Trauma to Recovery, Resilience, Sustainability & Giving Back <i>Caroline Sakai, PhD; Debra New</i>	AIT Energetic Personality Disorder Treatment <i>Asha Clinton MSW, PhD</i>
Track 3 (T3) Specific EP Approaches	Transform Eco-anxiety & Despair with Sound-Based Therapeutics <i>Ellen Franklin, PhD</i>	HeartSpeak Lite for Anxiety (and other things) <i>Anne Jensen MSc, DPhil (PhD)</i>
Track 4 (T4) Energy Healing Methods	Going Deeper with Sound Therapy <i>Gregory Carpenter, LMFT</i>	Somatic Emotion Energy Release: Deconstructing Trauma Without Re-activation <i>Susan Kane-Ronning, PhD</i>
Track 5 (T5) Practices for Higher Consciousness	Healing from the Right Hemisphere <i>Phil Mollon, PhD, DCEP</i>	Embodying Higher States of Consciousness with Evolutionary Mystic Meditation <i>Alan Davidson</i>
Track 6 (T6) Maximizing Human Potential	Foundation of Power & Courage: 1st & 2nd Chakra Healing <i>Margaret Lynch Ranieri</i>	Beyond the Drama Triangle: A Path to Authentic Encounters <i>Alfred Heath, MA, LPC</i>
Track 7 (T7) The Dance of Diversity & Oneness	Clearing Transgenerational Trauma from Racism, Sexism or Religious Discrimination <i>Pamela Altaffer, LCSW Reginald Wesley, CEHP</i>	Strategies for Community Resilience Building: Outreach & Interventions Using Energy Practices <i>Jennifer Groebe, MSW, LCSW; Rachel Michaelsen, LCSW, DCEP; Ryah Ki; Lauren Webb; Lorre Eaton, DC, CEHP</i>
Track 8 (T8) The Craft & Science of Therapeutic Change	Healing from Anxiety & Depression Using Self-Compassion/Forgiveness & Energy Healing <i>Philip Friedman, PhD, DCEP</i>	Psychotherapy from the Inside Up: A Fresh Look at Socially Responsible Psychotherapy <i>David Gruder PhD, DCEP</i>
Track 9 (T9) Potpourri of EP	Mind Control Programs <i>Barbara Stone, PhD, DCEP</i>	What to Do When the Symptoms You Are Having Are Not Yours <i>Judith Swack, PhD</i>

Saturday, May 16 [View objectives and presenter bios](#)

8:00AM - 8:30AM **Opening Ceremonies**

Keynote

8:30AM - 10:00AM **Advances in the Restoration of the Brain & Mind** *Norman Shealy*

10:45AM - 12:45PM **Learning Labs C** (see grid below)

12:45PM - 2:15PM **Lunch on your own**

2:15PM - 3:15PM **Invited Presentations** (your choice - see pages 4-5)

3:30PM - 4:30PM **Invited Presentations** (your choice - see pages 4-5)

4:40PM - 5:15PM **Qigong Movement**

7:00PM - Midnight **Gala Dinner & Dance Party**

Learning Labs C 10:45AM - 12:45PM

Track 1 (T1) Fundamentals of EP	What's a Psychological Reversal & Why Should I Care? <i>Lynn Mary Karjala PhD, DCEP</i>
Track 2 (T2) Specific Populations/Issues	Find Love That Lasts: Using Family Energetics to Assess & Enhance Romantic Relationships <i>Michael Reddy PhD, CPC</i>
Track 3 (T3) Specific EP Approaches	ACEs to Resilience the TAT® Way <i>Tapas Fleming, LAc</i>
Track 4 (T4) Energy Healing Methods	The Practice of T'ai Chi Fundamentals®: Fostering Energetic Flow, Connection & Mindfulness <i>David I. Rosenberg, PhD, LCP</i>
Track 5 (T5) Practices for Higher Consciousness	Transformational Change through Kundalini Awakening <i>Debora Cohen, CEHP</i>
Track 6 (T6) Maximizing Human Potential	Building Resilience to Avoid Burnout <i>Sharon Grossman, PhD</i>
Track 7 (T7) The Dance of Diversity & Oneness	Treating Caregivers of People with Autism Spectrum Disorders Using EP <i>Amanda Freger, MEd, DCEP</i>
Track 8 (T8) The Craft & Science of Therapeutic Change	The Evolution & Application of EFT: From Self-Help to Powerful Clinical Tool <i>George Limberakis, LCMHC, DCEP</i>
Track 9 (T9) Potpourri of EP	Energy is Omnipresent: How It Can Heal People, Places, & the Planet <i>Rick Leskowitz, MD</i>



Sunday, May 17 [View objectives and presenter bios](#)

8:00AM - 10:00AM **Learning Labs E** (see grid below & page 15)

10:00AM - 10:30AM **Break**

10:30AM - 12:30PM **Learning Labs F** (see grid below & page 16)

12:30PM - 1:45PM **Lunch on your own**

Keynote

1:45PM - 3:15PM **The Energetics of Trauma & the Healing Power of Light** *Cyndi Dale*

3:15PM - 3:45PM **Closing Ceremony**

Learning Labs E 8:00AM - 10:00AM

Learning Labs F 10:30AM - 12:30PM

Track 1 (T1) Fundamentals of EP	Orientation to the Meridians <i>Michael Galvin, PhD, DCEP</i>	First Steps Toward Mastering the Chakras <i>Joanne Karpinen, PhD, DCEP</i>
Track 2 (T2) Specific Populations/Issues	Human Design: A New Energetic Approach to Addressing Issues That Resist Treatment <i>Kris Prochaska MA, DCEP</i>	Frozen in Time: Healing the Fragmented Self <i>Mary Sise, LCSW, DCEP</i>
Track 3 (T3) Specific EP Approaches	Exploring Ask & Receive <i>Thomas Altaffer, LCSW</i>	Reclaiming Power After Sexual Trauma <i>Helen P. Hudson, LMFT, EFT-ACAP</i>
Track 4 (T4) Energy Healing Methods	Alchemical Circle Medicine of the Human Biofield: Archetypal Shamanic Energy Medicine <i>Gaisheda Kheawok; Catherine Chater, MSc</i>	The Allergy Detective: Pinpoint the Underlying Causes of Your Symptoms <i>Sandra Radomski, ND, LCSW</i>
Track 5 (T5) Practices for Higher Consciousness	Intuition in Psychotherapy: An Integration of Subtle Energy in Clinical Practice <i>Marilyn Stickle, LCSW, BCD; Carol Fitzpatrick; Eileen Stanzone, LCSW, PhD</i>	Enhance Consciousness & Balance the Central Nervous System with NeuroOptimal Neurofeedback <i>Jan Yordy, MEd, MSW</i>
Track 6 (T6) Maximizing Human Potential	The Art of Facilitating a Comeback: A Divine Partnership <i>Betsy Muller MBA, CEHP</i>	Transform Shadow Aspects of Your Hero's Journey Magician Archetype <i>Kit Furey, JD, CEHP</i>
Track 7 (T7) The Dance of Diversity & Oneness	Using Energy Psychology with Women of Color: Special Considerations <i>Qin Hu, PhD</i>	Connect to Essence and Heal Through Pure Consciousness <i>Master Mingtong Gu</i>
Track 8 (T8) The Craft & Science of Therapeutic Change	The Art & Science of Cultivating Resiliency Through Induced Nondual Awareness <i>Melanie McGhee, LCSW; David Patterson, PhD, MSW</i>	Removing Blocks to Intuition: Research, Practice & Transformation <i>Lori Chortkoff, Hops, PhD, DCEP</i>
Track 9 (T9) Potpourri of EP	Getting to the Underlying Causes of our Physical Illnesses <i>Henry Grayson, PhD, DCEP</i>	Addressing Depression & Anxiety: Energy Therapies, Microbiome, Lifestyle, Epigenetics <i>Anne Merkel, PhD, ND</i>

CONFERENCE SESSIONS

Tracks

- T1 Fundamentals of EP
- T2 Specific Populations/Issues
- T3 Specific EP Approaches
- T4 Energy Healing Methods
- T5 Practices for Higher Consciousness
- T6 Maximizing Human Potential
- T7 The Dance of Diversity & Oneness
- T8 The Craft & Science of Therapeutic Change
- T9 Potpourri of EP

About the Track System: You can select sessions from different tracks or focus on one. No need to register for your learning labs beforehand. See [website](#) for track descriptions.

Program is subject to change. Check [website](#) for up to date schedule and CE approval.

[View objectives and presenter bios](#)



Learning Labs

Friday, May 15 10:45AM - 12:45PM

The Ethical Practice of Muscle Testing **A1 (2 CE hrs)***

Kristin Holthuis MD, DCEP

Muscle testing is an important component of many energy psychology modalities. It offers another perspective by accessing the body's inner wisdom. It can be an essential part of the guidance that directs energy psychology techniques and yields insight from outside of conscious awareness. Join us to learn the basics, so you can begin using it with clients.

correspond to the negative ego described in the Course in Miracles. Explore possible remedies within the Blue Diamond field.

Foundation of Power & Courage: 1st & 2nd Chakra Healing **A6 (No CE hrs)**

Margaret Lynch Raniere

Bring your clients into their most powerful, grounded, passionate energy by guiding them into counter-intuitive first and second chakra work blended with tapping, step by step.

Transforming Trauma to Recovery, Resilience, Sustainability & Giving Back **A2 (2 CE hrs)****

Caroline Sakai, PhD & Debra New

Discover what we have learned from the Rwandan experience of transformation from trauma to recovery and resilience. Explore how to foster posttraumatic growth and ensure thriving sustainability. Learn how to transfer this knowledge to working with challenges and trauma in our own communities and beyond.

Clearing Transgenerational Trauma from Racism, Sexism or Religious Discrimination **A7 (2 CE hrs)***

Pamela Altaffer, LCSW & Reginald Wesley, CEHP

The suffering and hardship of our ancestors can be trapped within us, affecting every part of our lives. Come and witness the clearing of transgenerational trauma and discover how to free your clients and yourself to find a new, safe way to BE and live in our society.

Transform Eco-anxiety & Despair with Sound-Based Therapeutics **A3 (2 CE hrs)***

Ellen Franklin, PhD

Climate disasters' impact on emotional health is growing. Learn new techniques to reduce despair and anxiety, increase hope, and create heightened, balanced Earth consciousness. Drawing from Traditional Chinese Medicine, psychology and climate disaster literature, learn specific acupoints and work with meditation and sound tools including tuning forks, Tibetan bowls and chimes.

Healing from Anxiety & Depression Using Self-Compassion/Forgiveness & Energy Healing **A8 (2 CE hrs)****

Philip Friedman PhD, DCEP

Research indicates that self-compassion/self-forgiveness are major variables influencing stress, depression, anxiety, well-being, life satisfaction, life balance, clinical outcomes and sometimes spirituality. You will learn self-compassion/self-forgiveness exercises using meditation, acupoint tapping, affirmations, guided imagery, releasing self-judgments, spirituality, self-love and evidence-based assessments.

Going Deeper with Sound Therapy **A4 (2 CE hrs)***

Gregory Carpenter, LMFT

Get an introduction into the use of sound interventions to work on core issues. Observe live demonstrations of different sound modalities for removing blocks, releasing emotional attachments and restoring energy balance. We will conclude with a 15-minute group sound meditation bath.

Mind Control Programs **A9 (No CE hrs)**

Barbara Stone, PhD, DCEP

Ever since humans first walked upon Earth, outside sources have tried to control our behavior. Religions, cultural values, military experimentation, and detrimental energies have all attempted to force our minds into compliance. Finding and releasing this external control sets us free to expand to our full human potential.

Healing from the Right Hemisphere **A5 (2 CE hrs)***

Phil Mollon, PhD, DCEP

Surveys of neuroscience research suggest that many mental health problems arise from dysfunctions in the balance between left and right brain hemispheres. The characteristics of an overly dominant left hemisphere

Session is approved for different CE boards, but **no APA CE is available. Please see [website](#) for all CE details.*

***Session is approved for APA CE and many other CE boards. Please see [website](#) for all CE details.*

Learning Labs

Friday, May 15 2:45PM - 4:45PM

Understanding & Identifying Your Client's Resistance to Treatment **B1 (2 CE hrs)***

Sarette Zecharia, PhD, DCEP

In this interactive session, you will learn to identify various systematic energetic interferences (SEIs). These are forms of energetic overwhelm which may add to your clients' resistance. They are one of the most frequently encountered impediments to client progress.

AIT Energetic Personality Disorder Treatment **B2 (2 CE hrs)***

Asha Clinton, MSW, PhD

Based on new Advanced Integrative Therapy (AIT) research, we will discuss the causes of personality disorders and the energetic methods that can be used to treat them. The AIT Character Structure Protocol will be explained and demonstrated, and you will have the opportunity to practice it.

HeartSpeak Lite for Anxiety (and other things) **B3 (2 CE hrs)***

Anne Jensen, MSc, DPhil (PhD)

HeartSpeak is an exciting new energy psychology tool that can be easily implemented in any practice. You will learn the HeartSpeak Lite process in order to lessen anxious tendencies and soften triggers that initiate anxiousness (and other feelings). It's surprisingly simple!

Somatic Emotion Energy Release: Deconstructing Trauma Without Re-activation **B4 (2 CE hrs)***

Susan Kane-Ronning, PhD

Trauma interventions may cause re-activation and attrition. Research posits that traumatic memories live in the DNA, making them difficult to ameliorate. Somatic Emotion Energy Release aims to resolve traumatic cellular-based memories without re-activation. It combines meditation and energy psychology tapping to deconstruct trauma.

Embodying Higher States of Consciousness with Evolutionary Mystic Meditation **B5 (No CE hrs)**

Alan Davidson

Join us for an immersive experience of entering the profound stillness that is already deep within you. Skillfully tapping that stillness helps renew your body's vital energies and restore your sense of clarity and vision. Experiencing deep stillness helps you be fully present and "in the flow" as you work with your clients.

Beyond the Drama Triangle: A Path to Authentic Encounters **B6 (2 CE hrs)***

Alfred Heath, MA, LPC

We will explore how to decrease emotional intensity in interpersonal conflicts by applying energy psychology in the form of Be Set Free Fast. You will learn how to defuse the inner experience of the Karpman Drama Triangle dynamics, increase resourcefulness, and identify with positive archetypes for conflict resolution.

Strategies for Community Resilience Building: Outreach & Interventions Using Energy Practices **B7 (2 CE hrs)***

Jennifer Groebe, LCSW;
Rachel Michaelsen, LCSW; Ryah Ki;
Lauren Webb & Lorre Eaton, DC

Wish you knew how to empower communities with energy practices for building resilience to better cope with life's big and small traumas? Come learn from experienced practitioners how to create connections with key players, become known, and be able to increase resilience in groups of any size.

Psychotherapy from the Inside Up: A Fresh Look at Socially Responsible Psychotherapy **B8 (2 CE hrs)****

David Gruder, PhD, DCEP

Societal divisiveness and polarization are increasing client distress. The APA's "Stress in America" research provides clues about ways to help clients with this. Discover a proposed psychoeducational framework for helping clients to more effectively enhance their personal wellbeing while up leveling their positive societal impact as citizens and leaders.

What to Do When the Symptoms You Are Having Are Not Yours **B9 (2 CE hrs)***

Judith Swack, PhD

Learn how to test for and treat the Blocked Access to Problems pattern. As a result, you will be able to help your clients release their own and other peoples' stored illness energies from their bodies and install boundaries against absorbing any illness energy in the future.

Session is approved for different CE boards, but **no APA CE is available. Please see [website](#) for all CE details.*

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Energy psychology blew me away

"I was trained at some of the best schools and yet wasn't able to get far with some people, particularly those with trauma and addictions. And then I started using energy psychology. I made more progress with patients in a session or two than I had in several years of treating them. It blew me away." – Anthony Tranguch, MD, PhD

Learning Labs

Saturday, May 16 10:45AM - 12:45PM

What's a Psychological Reversal & Why Should I Care? **C1 (2 CE hrs)***

Lynn Mary Karjala, PhD, DCEP

Many clients lack full inner permission to make the changes they want. The common energy psychology term for this phenomenon is "psychological reversal." You will learn powerful strategies for supercharging your clients' success by identifying and intervening with their psychological reversals. Includes demonstration and practice.

Find Love That Lasts: Using Family Energetics to Assess & Enhance Romantic Relationships **C2 (2 CE hrs)***

Michael Reddy PhD, CPC

Family Energetics (EP enhanced Systemic Constellations) reveals a range of family systems characteristics that impact success in long-term love partnerships. Detailing factors in attachment styles, sibling order, and previous parent-child emotional spouse relationships provides valuable insights into where a partnership's potential strengths lie and how to minimize its weaknesses.

ACEs to Resilience the TAT® Way **C3 (No CE hrs)**

Tapas Fleming, LAc

ACEs, or adverse childhood experiences, hold many of us down our whole lives. Learn the TAT® way for healing ACEs with TAT® Founder, Tapas Fleming. Experience the fun of your personal transformation and newfound resilience. Find out if this is your ticket to boundless happiness.

The Practice of T'ai Chi Fundamentals®: Fostering Energetic Flow, Connection & Mindfulness **C4 (No CE hrs)**

David I. Rosenberg, PhD, LCP

T'ai chi expresses in physical, energetic, and psychological movement the Taoist principle of balance in the midst of constant change. Be introduced to T'ai Chi Fundamentals®, which offers a simple approach for mastering the basics of this Chinese practice for energetic grounding and renewal.

Transformational Change through Kundalini Awakening **C5 (2 CE hrs)***

Debora Cohen, CEHP

Kundalini can provide transformational change and self-realization. Deepen your understanding of kundalini awakening and how energy psychology can be used to assist your clients through an intense healing process. Experience a customized kundalini awakening meditation and feel your own bioenergy.

Building Resilience to Avoid Burnout **C6 (2 CE hrs)***

Sharon Grossman, PhD

Job burnout affects most working professionals. Resilience can protect you from burnout, help you maintain balance amidst difficulties, and recover more quickly. You will learn how to identify burnout, and four ways to integrate Buddhist principles with energy psychology practices that build resilience and help you and your clients avoid burnout.

Treating Caregivers of People with Autism Spectrum Disorders Using EP **C7 (2 CE hrs)****

Amanda Freger, MEd, DCEP

Keeping caregivers well is necessary, so that they can effectively care for an individual or individuals diagnosed with autism spectrum disorders. You will learn how to effectively address and reduce caregiver stress with energy psychology techniques.

The Evolution & Application of EFT: From Self-Help to Powerful Clinical Tool **C8 (2 CE hrs)****

George Limberakis, LCMHC, DCEP

Learn about the history, origins and development of Emotional Freedom Techniques (EFT) and how this has led to its application for treating trauma, anxiety, depression, and more. Participate in a group demonstration of EFT and observe a demonstration using EFT in a clinical setting with an individual subject.

Energy is Omnipresent: How It Can Heal People, Places, & the Planet **C9 (2 CE hrs)***

Rick Leskowitz, MD

Subtle energy is everywhere, and it has many names: the biofield, animal magnetism, qi, and more. We will explore energy phenomena like EFT and phantom limb pain, team chemistry and clinical interactions, plus Gaia's sacred sites and crop circles. Shift your paradigm to embrace personal and planetary transformation.

*Session is approved for different CE boards, but **no APA CE is available**. Please see [website](#) for all CE details.

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If you're in the medical field, you need to be here

"I encourage anyone in the medical field to come to this conference. There's so much research backing up holistic healing and how it's impacting lives around the world. I've been so inspired that when I go back I'm going to share all of this with my colleagues and hope to bring more of them to the next conference." - Kelly Hillcove, Holistic RN



Learning Labs

Sunday, May 17 8:00AM - 10:00AM

Orientation to the Meridians **E1 (2 CE hrs)***

Michael Galvin, PhD, DCEP

We will explore the history of acupuncture meridians and the confluence of events that resulted in meridian-based energy psychology. You will learn how meridian acupoints came to be applied by tapping, touching, or other stimulation in a variety of energy psychology procedures.

Human Design: A New Energetic Approach to Addressing Issues That Resist Treatment **E2 (2 CE hrs)***

Kris Prochaska MA, DCEP

Join us as we explore Human Design, a powerful diagnostic and intervention tool that can be used alongside energy psychology methods. It can help you more accurately diagnose what is treatable and what is simply a function of your client's unique energetic make-up, and therefore not something to treat.

Exploring Ask & Receive **E3 (2 CE hrs)***

Thomas Altaffer, LCSW

Experience the transformation possible with Ask & Receive. This presentation will consist almost entirely of live demonstrations with volunteers and will highlight the application of the three different forms of Ask & Receive, a powerful energy psychology technology.

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Alchemical Circle Medicine of the Human Biofield: Archetypal Shamanic Energy Medicine **E4 (No CE hrs)**

Gaisheda Kheawok & Catherine Chater, MSc

The protocols of Archetypal Shamanic Energy Medicine offer a blueprint for energy psychology practitioners to create and experience a Group Alchemical Circle, which can amplify pivotal shifts of consciousness. Learn how to create sacred space that supports the biofield and builds an inclusive, ethical container of integrity and strengthened trust.

Intuition in Psychotherapy: An Integration of Subtle Energy in Clinical Practice **E5 (2 CE hrs)***

Marilyn Stickle, LCSW; Carol Fitzpatrick & Eileen Stanzione, PhD

Discover the current research that demonstrates how to identify and use the four main types of intuitive information—seeing (clairvoyance), hearing (clairaudience), feeling (clairsentience), and knowing (claircognizance). Learn how to incorporate intuition into your client sessions, and gain exercises that support your intuitive development.

The Art of Facilitating a Comeback: A Divine Partnership **E6 (2 CE hrs)***

Betsy Muller MBA, CEHP

It's time for a higher level of ethical selfcare as we mindfully care for the wounded. Learn how to keep your energies high and balanced, even in the midst of serious personal challenges. Discover how to more completely engage the energy of love to quickly lift and serve clients and families affected by a variety of challenges.



Using Energy Psychology with Women of Color: Special Considerations **E7 (2 CE hrs)****

Qin Hu, PhD

Special considerations should and can be incorporated into energy psychology when working with women of color. A review of recent literature and experiential exercises will lead us to discover our own cultural beliefs and explore new ways to become an ethical, culturally competent practitioner.

The Art & Science of Cultivating Resiliency Through Induced Non-dual Awareness **E8 (2 CE hrs)****

Melanie McGhee, LCSW & David Patterson, PhD, MSW

An overview of the emergent scientific foundations of meditative states and non-dual awareness (NDA) and their role in trauma treatment lays the foundation for exploring the value of evoking NDA in fostering resiliency and lasting change. A demonstration of trauma resolution shows the therapeutic benefit of inducing and expanding NDA.

Getting to the Underlying Causes of our Physical Illnesses **E9 (2 CE hrs)***

Henry Grayson, PhD, DCEP

Learn tools for getting to stressors and other causes of illness, both conscious and unconscious; translate what the symptoms are saying. Discover healthier ways of dealing with these messages, and which energy psychology tools are most effective for deactivating the diverse causes.

This is a great place if you're curious about energy psychology

"This is a great place to come, even if you're not an energy psychology practitioner. If you think it might be helpful in your practice or in your personal life, this is the place to come and find out more about these techniques. Come even if you think there may not be a fit with what you do, because you might be surprised. I've seen so many cases where these techniques work where nothing else works." - Ken Kelly, Non-dual Teacher



Learning Labs

Sunday, May 17 10:30AM - 12:30PM

First Steps Toward Mastering the Chakras **F1 (2 CE hrs)***

Joanne Karpinen, PhD, DCEP

For many beginning energy psychology practitioners, the chakra system seems mysterious, and complicated to treat. This presentation offers a lively introduction to the chakras. Learn how chakras express our thoughts, emotions, and experiences. A simple method of chakra balancing will be demonstrated and practiced.

Frozen in Time: Healing the Fragmented Self **F2 (2 CE hrs)***

Mary Sise, LCSW, DCEP

Frequently, clients describe themselves as being empty; as if part of themselves is missing. You will learn about the fragmentation of consciousness in trauma and strategies to safely re-integrate these fragmented aspects so that your client is able to be fully present and enjoy life again.

Reclaiming Power After Sexual Trauma **F3 (2 CE hrs)****

Helen P. Hudson, LMFT, EFT-ACAP

This workshop reviews sexual trauma experienced by females from a mind-body-energy perspective, with special attention to issues of power (3rd chakra). You'll learn multifaceted approaches that address biological, psychological, energy and interpersonal processes, emphasizing EFT tapping and narrative interventions to reclaim a healthy relationship with power.

The Allergy Detective: Pinpoint the Underlying Causes of Your Symptoms **F4 (No CE hrs)**

Sandra Radomski, ND, LCSW

The difficult part of allergy work is identifying what substances are causing the presenting symptoms. There are literally countless substances that may trigger reactions. Experience the brand-new Allergy Detective to easily and quickly identify the cause of the symptoms and how to eliminate these problems.

Enhance Consciousness & Balance the Central Nervous System with NeuroOptimal Neurofeedback **F5 (2 CE hrs)***

Jan Yordy, MEd, MSW

Learn how NeuroOptimal neurofeedback can enhance consciousness and regulate the central nervous system for an improved quality of life. This nonlinear, dynamic system trains the brain, releasing stuck energetic patterns and blocks by working with the subconscious. This advanced technology is easy to use.

Transform Shadow Aspects of Your Hero's Journey Magician Archetype **F6 (2 CE hrs)***

Kit Furey, JD, CEHP

Immerse yourself in the archetypal Hero's Journey map of growth and development from birth into adult wisdom. Lean and apply Be Set Free Fast to resolve and transform limiting mental and emotional patterns for the magician archetype, which is associated with the return stage of the hero's journey.

Session is approved for different CE boards, but **no APA CE is available. Please see [website](#) for all CE details.*

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Connect to Essence and Heal Through Pure Consciousness **F7 (No CE)**

Master Mingtong Gu

The ancient practices of Wisdom Healing Qigong help you to release blocked energy, developing the capacity to transform any aspect of your life. At the core of existence is pure, infinite Essence. Pure Consciousness practices are a path to connect with and awaken to your Essence.

Removing Blocks to Intuition: Research, Practice & Transformation **F8 (2 CE hrs)****

Lori Chortkoff Hops, PhD, DCEP

We will review the research on intuition, exploring what can enhance and deter intuitive experiences. Theories about blocks or ambivalence to change will be discussed, along with techniques for removing blocks to facilitate intuitive transformation. Experiential exercises, group sharing, and client resources will be offered.

Addressing Depression & Anxiety: Energy Therapies, Microbiome, Lifestyle, Epigenetics **F9 (2 CE hrs)***

Anne Merkel PhD, ND

Factors beyond the emotional can impact your clients' experience of depression and anxiety, whether it is acute or chronic. Discover how epigenetics and the microbiome can sometimes impact depression and anxiety. Learn how to more effectively manage each case, and how to partner with functional medicine practitioners.

It's like an outstanding banquet

"The conference is like an outstanding banquet to be slowly savored and digested." - Janice Brown Silveira, MA, LMFT

Deepen your learning ... Attend a post-conference intensive

- Space is limited, sign up early at energypsychologyconference.com or call 619-861-2237.
- [View objectives](#)

Monday, May 18 9:00AM - 5:00PM

Embracing Death: Transformation & Resilience Through Spirituality S1 (6 CE hrs)**

Fears of death are often hidden aspects of psychological complaints, psychosomatic physical illnesses and resistance to healing. Helping your clients address fear of death can result in resilience—through spirituality and a deeply meaningful life. Death-related phenomena, including near-death experiences, nearing-death awareness and after-death communication can have significant impact on personal transformation and clinical practice.

Shoshana Garfield, PhD, has been in the field of trauma relief for over 30 years. She is co-chair of EFT International, one of the world's oldest and largest EFT associative bodies, and perhaps most importantly, feels deep joy every day.

Larry Burk MD, CEHP, does coaching with EFT and dreamwork. He was co-founder of Duke Integrative Medicine. His publications include two books, *Let Magic Happen: Adventures in Healing with a Holistic Radiologist* and *Dreams that Can Save Your Life*.

HBLU Clearing Protocols for Effective Muscle Testing S2 (6 CE hrs)*

Many people report having difficulty trusting the accuracy of the answers they get with muscle testing. Learn several common patterns that can cause inaccuracy or deception in muscle testing and how to interpret confusing signals. You will test for and treat some common hidden patterns that cause deception. You and your clients will experience the profound benefits of having clear access to different levels of being.

Judith A. Swack, PhD, is a scientist, teacher, healer and visionary, and winner of the 2015 ACEP Award for Major Contribution to the Field of Energy Psychology. She has synthesized biomedical research with techniques from other healing systems to create Healing from the Body Level Up, an innovative methodology with transformative results.

The Inner Alchemy of Emotional Transformation S3 (No CE hrs)

Learn the ancient practice of sound healing to fully awaken your energy center and emotional body. This advanced practice transforms emotions and energy patterns to enhance the connectedness of your mind-body-spirit. You will directly experience deep transformation, moving away from typical fight or flight reactions of fear towards empowerment, while awakening joy.

Mingtong Gu, Chi Center founder, is a qigong master who offers the ancient teachings of Wisdom Healing Qigong. He was honored as Qigong Master of the Year by the 13th World Congress for Qigong & TCM. Master Gu is a speaker, healer, and teacher for programs around the world. He is author of books and online programs.

**Session is approved for different CE boards, but no APA CE is available. Please see [website](#) for all CE details.*

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Monday & Tuesday, May 18-19 9:00AM - 5:30PM

Essential Skills in Comprehensive Energy Psychology - Level 2 S4 (12 CE hrs)*

This training program is LEVEL 2 OF A TWO-PART SERIES. You must have taken Level 1 to attend.

Building on the foundation you have developed in Level 1, in Level 2 you will learn advanced applications of the program's unique, 6-step treatment model. You will also discover advanced approaches for working with meridians as well as advanced chakra and biofield interventions. Skills for self-care are also included. Once you have completed Level 2, you have the option of continuing for certification.

Lynn Mary Karjala PhD, DCEP, is president of ACEP and a clinical psychologist specializing in trauma treatment. She is trained in hypnosis, AIT, EFT, TAT and BSFF. Author of three books, Lynn has extensive experience training clinicians in conventional and alternative approaches.

ESSENTIAL INFORMATION

22ND INTERNATIONAL ENERGY PSYCHOLOGY CONFERENCE

May 14-18, 2020 | Baltimore, MD

Hotel

Hyatt Regency Baltimore Inner Harbor 410-528-1234

300 Light Street, Baltimore, MD 21202

Incredible group rate: Only \$179/night

Complimentary wifi in guest rooms and public spaces. Self parking only \$15/day (50% off). Free access to the beautiful rooftop pool with harbor views. Large, well equipped gym. [Book your room.](#)

Main Conference Includes

- **Full set of conference recordings (with slides) for only \$30—a 91% savings**
- **Research Symposium attendance—\$210 value**
- **Full breakfast FRI through SUN & annual lunch (\$150 value)**
- **Up to 16.5 CE hours** (+ up to 24 more CE hours for pre- and post-conference events at no extra charge — a \$140 value)

Group & Student Discounts

Group discounts for main conference registration only

- 10% discount groups of 3 to 6
- 15% discount groups of 7 or more

To receive your group discount code, read the [group discount policy](#), then contact us BEFORE registering.

Attention Graduate Students We offer special discounts for full time graduate students with official identification.

Questions? 619-861-2237 or admin@energypsych.org

Continuing Education

(Up to 40.5 hours!) [View Conference CE Objectives](#)

CE, CME, CNE Completion Requirements

For conference evaluation and certificate information, visit energypsychologyconference.com

Continuing education hours are available for mental health practitioners, nurses, physicians, LMFTs, professional counselors, drug and alcohol counselors, social workers, psychologists, and acupuncturists.

ACEP is a nationally approved provider for

- American Psychological Association (APA)
- Association of Social Work Boards (ASWB, 1048)
- National Board for Certified Counselors (NBCC, 5868)
- National Association of Alcohol and Drug Abuse Counselors (NAADAC, 100504)
- National Certification Commission for Acupuncture & Oriental Medicine (NCCAOM, 727)



ACEP is approved by the American Psychological Association (APA) to sponsor Continuing Education for Psychologists. ACEP maintains responsibility for this program and its content.

ACEP is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. ACEP maintains responsibility for the program. ASWB Approval Period: 2/28/19 to 2/28/22. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course can receive up to 40.5 clinical hours.

The Association for Comprehensive Energy Psychology (ACEP) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5868. Programs that do not qualify for NBCC credit are clearly identified. ACEP is solely responsible for all aspects of the programs.

ACEP is an approved provider for the National Certification Commission for Acupuncture & Oriental Medicine (#727). (application pending)

California: ACEP is an approved provider by the APA, which is recognized by the CA Board of Psychology to offer CEs for CA-based psychologists, and by ASWB and NBCC, which are recognized by the CA Board of Behavioral Sciences to offer CEs for CA-based MFTs, LPCCs, LEPs and/or LCSWs.

Florida: ACEP is an approved CE provider FL Board of Clinical Social Work, Marriage & Family Therapy & Mental Health Counseling, Certified Master Social Workers and FL Board of Nursing (CE Provider #50-10765). ACEP is an approved provider for THE ART & SCIENCE OF TRANSFORMATIONAL CHANGE (FL CE Broker Tracking # 20-747632).

New York: Association for Comprehensive Energy Psychology (ACEP) is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, #5W-0164 and the State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors, #MHC-0138 and marriage and family therapists, #MFT-0069.

ACEP is a CE co-sponsor with the Institute for Better Health (IBH). Sessions that qualify for CME/CNE credits are clearly identified online. **Prior to registering, see [website](#) for specific session CE approvals, complete course descriptions, and speaker/planner conflict of interest disclosures.**

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and policies of the ACCME through the joint sponsorship of IBH and ACEP. IBH is accredited by the ACCME to provide continuing medical education for physicians. IBH designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™ per hour attended. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: IBH is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

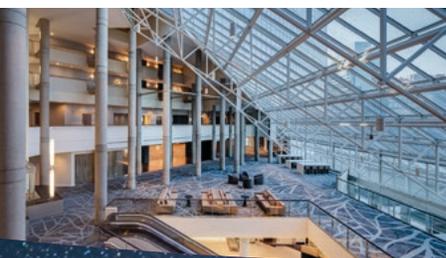


The Association for Comprehensive Energy Psychology is the largest international nonprofit organization of its kind, with 1,300 members

promoting professionally responsible energy psychology treatments and collaboration among practitioners, researchers, and licensing bodies.

Want to learn more about ACEP and energy psychology (EP)?

Visit our website at energypsych.org.



CONFERENCE REGISTRATION Prices are in USD

Register online at energypsychologyconference.com. For mail or fax registration, please fill out this page.

Name _____ Degree _____

Address _____

City _____ State/Province _____ Zip/Postal Code _____

Country _____ E-mail _____

Phone _____ Profession _____ License # _____

First conference?

Yes No

ACEP Member?

Yes No

To be eligible for the member registration fee, you must be a current ACEP member through June 2020.

Physical Needs: Check here if you need special accommodations to participate, and fax a written description of your needs to 484-418-1019.

1. Main Conference Registration

(Friday, May 14 - Sunday, May 17) Please check one category

Registration deadlines:	Until 2/10	2/11 - 3/16	3/17 - 4/20
Main Conference (Fri-Sun)			
Member / Non Member	<input type="checkbox"/> \$545 / \$635	<input type="checkbox"/> \$595 / \$685	<input type="checkbox"/> \$645 / \$735
Full Time Grad Student*	<input type="checkbox"/> \$315	<input type="checkbox"/> \$365	<input type="checkbox"/> \$415
Two Day Conference Choose days: <input type="checkbox"/> Fri & Sat <input type="checkbox"/> Sat & Sun			
Member / Non Member	<input type="checkbox"/> \$465 / \$545	<input type="checkbox"/> \$515 / \$595	<input type="checkbox"/> \$565 / \$645
Full Time Grad Student*	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300	<input type="checkbox"/> \$350

Group Discounts (For Main Conference Registration Only)

3-6 people - 10 % discount | 7 or more - 15% discount

BEFORE YOU REGISTER: [Read about group discounts](#), then call 619-861-2237 or email admin@energypsych.org to receive your discount code.

2. Pre-Conference Registration

(Wednesday, May 13 - Thursday, May 14)

Registration deadlines:	Until 2/10	2/11 - 3/16	3/17 - 4/20
Two Day Pre-Conference (Wed-Thurs) <input type="checkbox"/> (P1) EFT PSI <input type="checkbox"/> (P2) CEP Level 1			
Member / Non Member	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$395 / \$435
Full Time Grad Student*	<input type="checkbox"/> \$230	<input type="checkbox"/> \$230	<input type="checkbox"/> \$270
One Day Pre-Conference (Thursday)			
Choose 1 full day:			
<input type="checkbox"/> (P3) From Pain to Gain	<input type="checkbox"/> (P7) Resources to Enhance Client Wellbeing		
<input type="checkbox"/> (P4) Restoring the Self	<input type="checkbox"/> (P8) Ancestral Trauma Release		
<input type="checkbox"/> (P5) Mind/Body Tools for Children	<input type="checkbox"/> (P9) Disease as a Doorway		
<input type="checkbox"/> (P6) Blue Diamond Healing			
Member / Non Member	<input type="checkbox"/> \$175 / \$195	<input type="checkbox"/> \$195 / \$215	<input type="checkbox"/> \$215 / \$235
Full Time Grad Student*	<input type="checkbox"/> \$110	<input type="checkbox"/> \$130	<input type="checkbox"/> \$150

*You must be a full time graduate student and join ACEP as a student. Submit copy of student ID card with registration.

Register Now at energypsychologyconference.com

Or mail/fax registrations to:

ACEP, 28 Garrett Ave., Suite 100, Bryn Mawr, PA 19010

Phone: 619-861-2237 • Fax: 484-418-1019 • Email: admin@energypsych.org

Registrations must be postmarked, faxed or web registered by dates indicated, without exception, to receive discounted rates. All registrations received after 5pm Eastern time on April 20, 2020 will be processed as on-site registrations at the on-site rate. Once your conference registration form is received and processed, you will receive an email confirmation. Please allow ten days for processing. **Cancellations/Refunds:** Cancel before Monday, March 16, 2020: full refund; Between March 16 and April 20, 2020: refund less \$75 processing fee; After April 20: no refunds.

ACEP grievance policy: If you have a grievance related to any workshop issue, please contact Executive Director Robert Schwarz at (619) 861-2237 or email acep_ed@energypsych.org

3. Post-Conference Registration

(Monday, May 18 - Tuesday, May 19) Please check one category

Registration deadlines:	Until 2/10	2/11 - 3/16	3/17 - 4/20
One Day Post-Conference (Monday)			
<input type="checkbox"/> (S1) Embracing Death <input type="checkbox"/> (S2) HBLU Clearing Protocols <input type="checkbox"/> (S3) Inner Alchemy of Emotional Transformation			
Member / Non Member	<input type="checkbox"/> \$175 / \$195	<input type="checkbox"/> \$195 / \$215	<input type="checkbox"/> \$215 / \$235
Full Time Grad Student*	<input type="checkbox"/> \$110	<input type="checkbox"/> \$130	<input type="checkbox"/> \$150
Two Day Post-Conference (Mon-Tues)			
<input type="checkbox"/> (S4) CEP Level 2			
Member / Non Member	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$355 / \$395	<input type="checkbox"/> \$395 / \$435
Full Time Grad Student*	<input type="checkbox"/> \$230	<input type="checkbox"/> \$230	<input type="checkbox"/> \$270

4. Special Events & Products

- \$35 Thursday Keynote** (Free with pre-conference workshops)
- \$69 Saturday 21st Annual Celebration Dinner & Dancing**
 - Crisp Organic Chicken Breast Mushroom Risotto (vegan) Braised Beef Short Ribs
- \$30 Conference Recordings** (91% savings)

5. Total Fees & Payment

Payment must be sent with your registration form (US\$ only). All non-US members will be charged US\$ equivalent when credit card is processed.

	Total Fee	Less Group Discount	Subtotal
Main Conference	\$	\$	\$
Pre-Conference	\$	N/A	\$
Post-Conference	\$	N/A	\$
Special Events	\$	N/A	\$
GRAND TOTAL			\$

Enclosed is my check payable to **ACEP** in the amount of \$ _____
(Payment from outside the U.S. must be made with credit card or PayPal)

Charge \$ _____ to the following card:

VISA Discover MasterCard (Paypal available online)

Card # _____

Expiration Date _____ Security Code _____

Name as appears on card _____

Credit Card Billing Address _____

Signature _____